

# GUARDING YOUR MIND



# GUARDING YOUR MIND



***Philippians 4:6-7 (NIV)*** <sup>6</sup> Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.

<sup>7</sup> And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

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***Philippians 4:8 (NIV)*** Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable--if anything is excellent or praiseworthy--think about such things.

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**William Barclay** - The human mind will always set itself on something. It is a law of life that, if a man thinks of something often enough, he will come to the stage when he cannot stop thinking about it. His thoughts will be quite literally in a groove out of which he cannot jerk them.

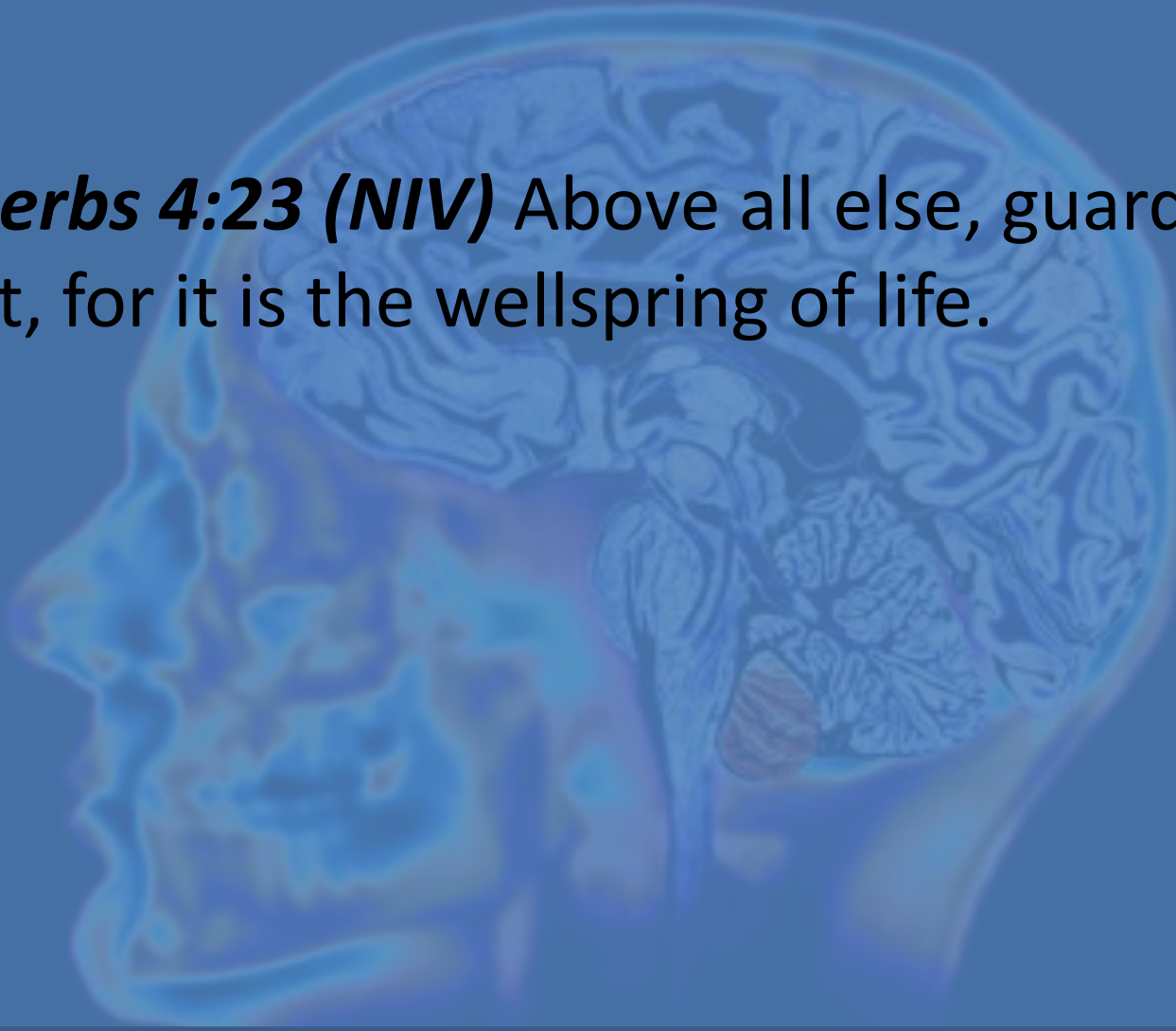
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***Proverbs 4:23 (NIV)*** Above all else, guard your heart, for it is the wellspring of life.



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***Colossians 3:1-2 (NIV)*** <sup>1</sup> Since, then, you have been raised with Christ, set your hearts on things above, where Christ is seated at the right hand of God. <sup>2</sup> Set your minds on things above, not on earthly things.

# The Battle for Your Mind

Facebook invitation

Magazine article

Twitter comment

Text message

Persuasive email

Billboard

News report on TV

Charticle

Radio show

Flickr photo

YouTube video

Podcast

Direct mail piece

Personal conversation

Song on MySpace

Newspaper article

Recent book by expert

Expert on stage at event

Product placement in movie





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**Mark 7:20-23 (NIV)** <sup>20</sup> He went on: "What comes out of a man is what makes him 'unclean.'

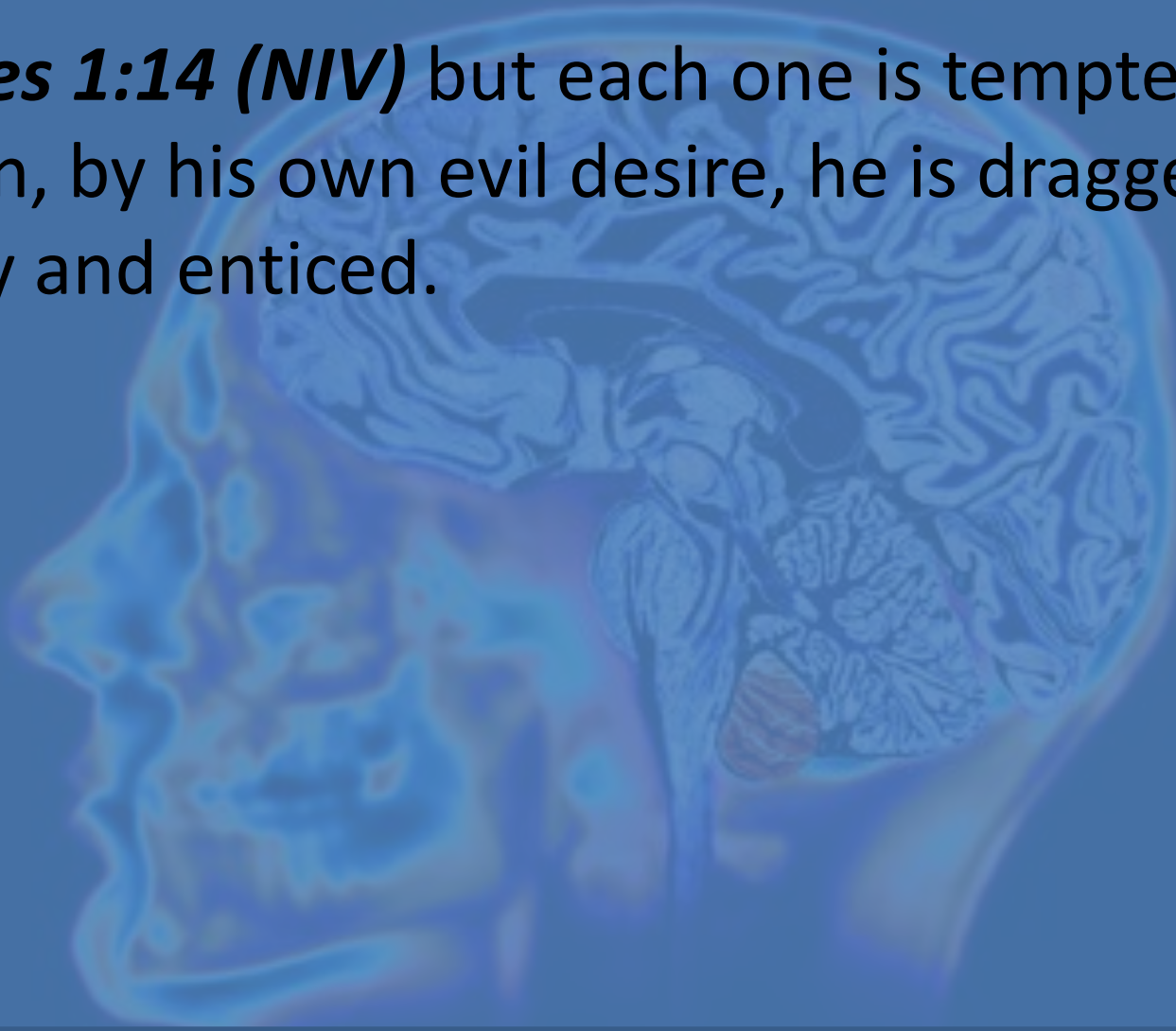
<sup>21</sup> For from within, out of men's hearts, come evil thoughts, sexual immorality, theft, murder, adultery,

<sup>22</sup> greed, malice, deceit, lewdness, envy, slander, arrogance and folly.

<sup>23</sup> All these evils come from inside and make a man 'unclean.'"

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***James 1:14 (NIV)*** but each one is tempted when, by his own evil desire, he is dragged away and enticed.



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Are your thoughts “True” or false?  
“whatever is true,”

*John 14:6 (NIV)* Jesus answered, “I am the way and the truth and the life. No one comes to the Father except through me.

“I tell you the truth...”

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Are your thoughts “True” or false?  
“whatever is true,”

*John 8:44 (NIV)* You belong to your father, the devil, and you want to carry out your father's desire. He was a murderer from the beginning, not holding to the truth, for there is no truth in him. When he lies, he speaks his native language, for he is a liar and the father of lies.

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Are your thoughts “True” or false?  
“whatever is true,”

**2 Corinthians 11:3 (NIV)** But I am afraid that just as Eve was deceived by the serpent's cunning, your minds may somehow be led astray from your sincere and pure devotion to Christ.



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**Are your thoughts “True” or false?  
“whatever is true,”**

**Genesis 3:1 “Did God really say?”**

**We must know the Truth.**

**We must be honest with the Truth.**

**We must obey the Truth.**

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Are your thoughts “True” or false?  
“whatever is true,”

***Romans 12:2 (NIV)*** Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is--his good, pleasing and perfect will.



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Are your thoughts “True” or false?  
“whatever is true,”

***2 Corinthians 10:5 (NIV)*** We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

# GUARDING YOUR MIND



Are your thoughts noble?  
whatever is noble,  
“worthy of respect”

*Barclay -that which has the dignity of holiness  
upon it.*

# GUARDING YOUR MIND



Are your thoughts noble?

whatever is noble,

***1 Timothy 3:8 (NIV)*** Deacons, likewise, are to be men worthy of respect, sincere, not indulging in much wine, and not pursuing dishonest gain.

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Are your thoughts noble?  
whatever is noble,

***1 Timothy 3:11 (NIV)*** In the same way, their wives are to be women worthy of respect, not malicious talkers but temperate and trustworthy in everything.

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Are your thoughts noble?

whatever is noble,

***Titus 2:2 (NIV)*** Teach the older men to be temperate, worthy of respect, self-controlled, and sound in faith, in love and in endurance.

**Ask:** If the person could read my mind, would my thoughts be respectable and holy?

# GUARDING YOUR MIND



**Are your thoughts “right”?  
whatever is right,**

Describes whatever is in perfect harmony with God’s eternal, unchanging standards, as revealed in Scripture.

**Ask:** If someone could read my mind, would my thoughts be right or just according to God’s unchanging standards?

# GUARDING YOUR MIND



**Are your thoughts “pure”?**

**whatever is pure,**

That which is free from defilement or contamination.

**Ask:** If someone could read my mind, would my thoughts be clean or stained with worldly influence?

# GUARDING YOUR MIND



**Are your thoughts lovely?**

**whatever is lovely,**

That conduct which is pleasing in it's motive and actions towards others.

**Ask:** If someone could read my mind, would my thoughts be loving and compassionate toward others?



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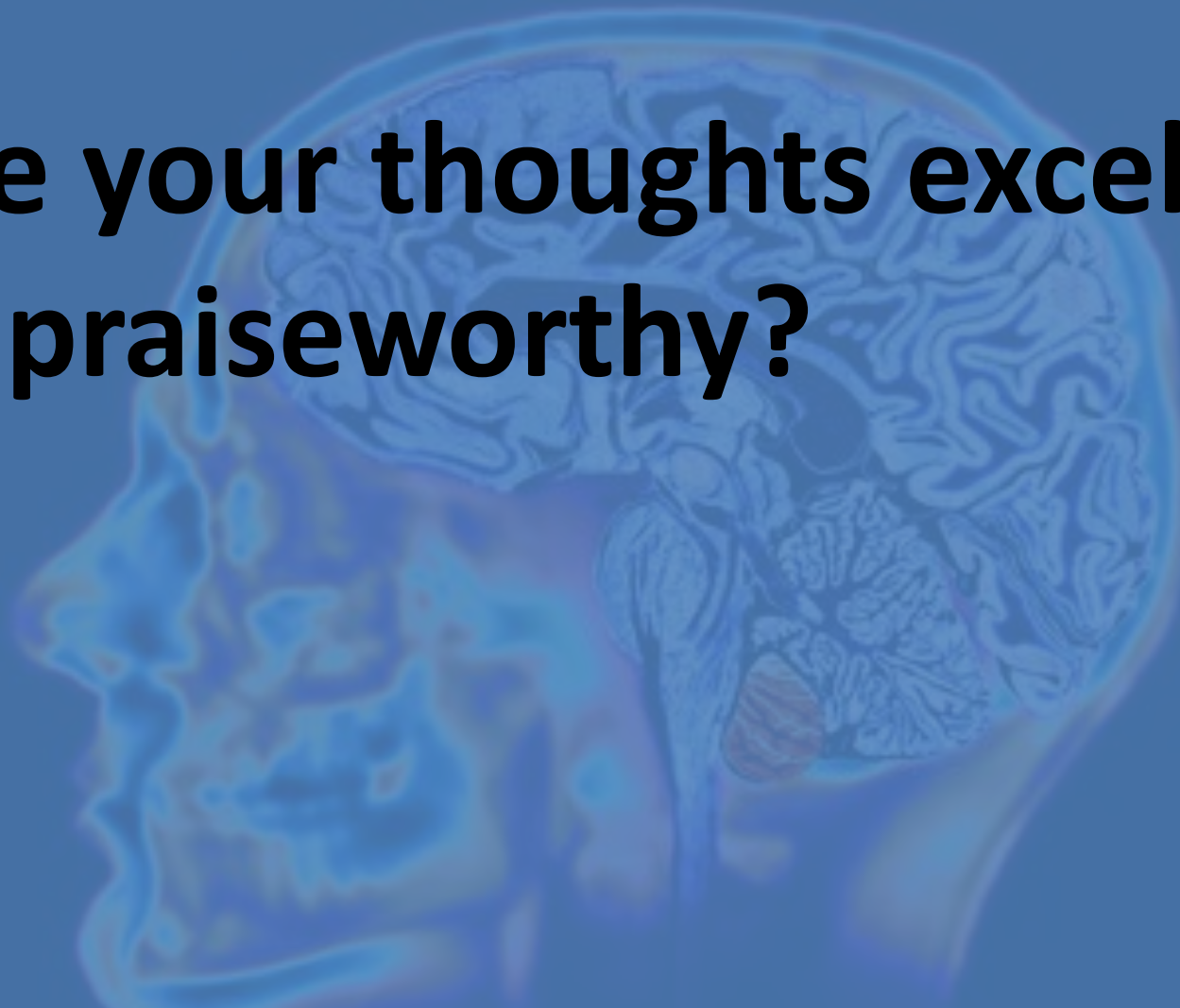


**Are your thoughts admirable?  
whatever is admirable—  
Highly regarded or well thought of.**

**Ask:** If someone could read my mind, would my thoughts concentrate on the good things I see in others or are they dwelling on their faults and shortcomings?

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**Are your thoughts excellent  
or praiseworthy?**



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